



New York Armwrestling® Association

Contact: Gene Camp 718-544-4592 or genecamp@nycarms.com

Email: nyawa@aol.com - Website: www.nycarms.com

Or Queens County Farm Museum 718-347-3276



TWO DAYS OF ARM WRESTLING COMPETITION

NYC JUNIOR (Kids - Teens) & NOVICE (MEN - WOMEN)

KIDS
TEENS
NOVICE



ARMWRESTLING CHAMPIONSHIPS



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Saturday, Sept. 25, 2010

Weigh-In & Registration 9:30 a.m. to 12:45 p.m. Start 1 p.m.

Queens County Fair

Place: Queens County Farm Museum

www.queensfarm.org ~ 718-347-3276

Address: 73-50 Little Neck Parkway Floral Park, NY 11004

Directions: www.queensfarm.org/hours-directions.html

General Admission: \$7.00 – (\$4 Children under twelve)

Note: 17 years old and under Parent or Guardian Signature required

Awards: First, Second & Third Place

Weight Classes – Age Groups (Determined day of event)

Junior - Boys and Girls Weight Classes

Boys - 7 to 12 years Old (R) – 60 – 80 – 100 – 120 – 121+

Girls - 7 to 12 Years Old (R) – 40 – 60 – 80 – 100 – 100+

Teens 13-17 & Novice Adults Weight Classes

Men (R) 154 - 176 - 198 - 225 - 226+ - 45+ - 55+ Years Old

Men (L) 154 - 176 - 198 - 199+

Women (R) 125 - 143 - 144+ - (W-L) 144+

Entry Fee: 17 Years old and under FREE – 18 and over \$10

*Note: All contestants must pay admission to the Queens Farm Museum

REQUIREMENTS – THREE CONTESTANTS PER CLASS

Weight Class consolidation could occur in any weight class category

(5-pound clothing allowance) No Residency Requirements – Rain or Shine

Pros and Amateurs - Sunday, Sept. 26, 2010

Awards for First, Second & Third – Admission, Time & Weight Classes as above

Entry Fees: Amateurs \$15 & Pros \$20 Admission not included

Captain's of Crush Grippers - Special MVP awards, plus

\$100 Cash Prizes to Sunday's Queens Strongest Arms

Male - (Right & Left Overall) & Female (Right Overall)

Bonus \$100: Any man who could win Right & Left Overall

*Note: All contestants must pay admission to the Queens Farm Museum

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